

A young girl with dark hair is captured in a dynamic dance pose on a lush green lawn. She is wearing a voluminous, white, ethereal-looking dress that billows around her as she balances on one leg, with her other leg extended horizontally. Her arms are raised, and she has a focused expression. The background is a soft-focus garden with various plants and flowers.

Verge Dance Collective

AT BALANCE DANCE STUDIOS

2026-2027
COMPANY
INFO
PACKET

About Us

Mission

By offering a comprehensive and empowering program, we aim to nurture and guide young dancers to be the best version of themselves, on and off the stage. By catering to each dancer's individual needs and fostering a supportive environment, our program sets the foundation for a successful and fulfilling future in the dance industry and beyond.

Vision

Dancers will cultivate their passion and talent for dance, while also developing essential life skills, such as discipline, perseverance, leadership and creativity. Our vision is to create a strong community of dancers who support each other and collaborate toward a common goal of excellence. We train our dancers to treat our studio as a laboratory, a safe space to take risks.

Values

Passion for Dance

Empowering students' passion for dance by providing them with inspiring choreography, dynamic performances, and challenging repertoire.

Growth Mindset

Instilling a growth mindset while leading our students to continually evolve and grow as dancers and employable humans in society.

Integrity

Creating an environment that values integrity, respect, and inclusivity, where each student feels valued and supported not only by the directors, but company dancers as a whole.

Community & Collaboration

Offering space and opportunities for dancers to collaborate and build relationships in a supportive environment.

WHO WE ARE

Meet the Directors

Mandy Anstey

Director



Mandy is an intentional dance educator, choreographer, and performer, with a strong commitment to promoting self-love, thought-provoking experiences, and character development, through the art form of dance. She is an educator of all ages, a choreographer for various styles, and an animated performer onstage. Mandy graduated with a BFA in Dance Education from the University of South Florida. As an educator, she has produced, choreographed, and directed many dance concerts, recognizable full-length dance stories, and musical theater productions, over the past 20 years. Mandy has been the lead dance director for dance academies, dance studios, and performing arts middle schools & high schools, where she built dance programs from ground zero to 100%. Her career in dance education values movers of all levels and promotes character-building through the vehicle of dance.

Kate McCann

Assistant Director



Kate fell in love with dance at an early age. The way that movement and music create their own unique form of artistry has had an unparalleled impact on her life, both in and outside of the studio. She has been working with children since the age of 14, and has found that one of her greatest joys is being able to share her passions with a younger generation. Because Kate didn't start her formal dance training until high school, she is a huge proponent of self discipline, and regards dance as the medium which taught her that all things are achievable through hard work and diligence. It was at Balance Dance Studios that she cultivated this understanding, as she is one of our very own Push Dance Company alumni. Kate looks forward to teaching, training, and exploring movement with you!

WHAT YOU CAN

Expect from Us

Excellence In Dance Education

We strive to provide the highest quality dance education and training, ensuring that our students receive a solid foundation in technique, artistry, and performance. Dancers will discover their own artistic voice and graduate from our program as employable humans. Regular assessments and feedback sessions will be provided to dancers to monitor their progress and address any concerns or areas for further improvement. Feedback will be constructive and focused on growth, helping dancers identify their strengths and areas for development.

✓ Professional Exposure

We provide opportunities for our students to perform and train at dance conventions, gain exposure to diverse master teachers, and participate in professional and community dance performances. This exposure allows dancers to dive into the world of professional dance and explore options for their future.

✓ Professional Development

We assist our students in navigating the professional dance world, providing them with guidance and resources. We cater each dancer's education to their individual goals/needs in the dance industry. The program will include workshops, master classes, performances and mentorship sessions, focused on personal development skills, such as communication, goal setting, time management, and stress management. These sessions will help dancers navigate challenges, make informed decisions, and develop strong character.

Health and Well-Being

Dancer well-being is of paramount importance, and our program will incorporate wellness activities, nutrition education, and self-care practices, in order to help dancers maintain a healthy body, a positive mindset, and a balanced lifestyle.

Verge Auditions

ages 9-11

JUNE 4TH | 10AM-1PM

Auditions will begin with a ballet warm up, followed by some across the floor work, and then a transition into the jazz and contemporary audition portion. Dancers will learn the jazz audition combo at the audition clinic on June 3rd. After the jazz portion is complete, dancers will learn a contemporary combo, on the spot, followed by improvisation and interview questions.

ages 12+

JUNE 4TH | 2PM-5PM

Auditions will begin with a ballet warm up, followed by some across the floor work, then a transition into the jazz and contemporary audition portion. Dancers will learn the jazz audition combo at the audition clinic on June 3rd. After the jazz portion is complete, dancers will learn a contemporary combo, on the spot, followed by improvisation and interview questions.

Mandatory Audition Clinic: June 3rd

Dancers auditioning for Verge will learn a jazz combination, at the clinic before auditions, that they will perform in small groups. The times of the classes per age group are listed below. Dancers will also learn some tips for auditioning. If a dancer cannot make one of these classes, we will send out a video for dancers to learn on their own. Audition clinic cost is \$50.

Ages 9-11:

- June 3rd 12:00-2:30pm

Ages 12+:

- June 3rd 3:30-6pm

Verge: Level Up

JUNE 9TH-11TH | 11:30AM-4PM



Verge: Level Up is mandatory for all dancers who make Verge Dance Collective. Verge: Level Up is an immersive intensive designed exclusively for Verge Dance Collective company members. This experience blends master classes, focused workshops, intention setting, and team-building, designed to sharpen artistry, strengthen unity, and raise the standard. Together, we train with purpose, connect as a collective, and step fully into the next level of who we are as artists and as a team.

Verge Auditions

Step 1: Dancers/Parents will submit the audition application, dancer questionnaire, interview questions and register for auditions (\$30 to audition).

Step 2: Dancers will learn the jazz combination on June 3rd.

Step 3: Dancers will attend an audition time, based on their age, unless directed otherwise by a director.

Step 4: Dancers/Parents will receive results, via email.

Evaluation

Balance Dance Studios' faculty will evaluate auditioning dancers. For returning company members, directors will consider attendance, work ethic, attitude, and performance quality. Judges and directors will share feedback after auditions and collaborate to determine the decision best suited to dancers' abilities, commitment level (time, attitude and financial), and dancers' expressed goals.

Clothing & Hair

All black, form fitting dance wear is required. Dancers will wear ballet shoes for ballet portion, barefoot for jazz portion and barefoot for contemporary portion. Dancers can add layers over pink tights for jazz and contemporary portion. NO socks, half soles or jazz shoes allowed. Hair should be in a professional bun. No jewelry or accessories, please.

Results

Dancers will be notified of their audition results via email. At that time, you will be asked to review all company paperwork and complete the necessary steps, to prepare for a collective meeting with your directors, sign up for summer classes and intensives, and review fall classes.

Summer Training & Intensives

Summer Class Requirements:

- 1 Ballet Class per week (12 hours total)
- 1 Jazz Class per week (8 hours total)

Verge: Level Up | June 9-11th

The purpose of the Verge: Level Up is for our dancers to grow their artistry and emerge as the best dancers and humans they can be. Innovate is a two track intensive, all styles and hip hop, with combined classes in each room for all tracks. Balance Dance Company Directors will be attending the intensive to observe dancers in preparation for their auditions/casting.

Ballet Intensive | June 15-18th

The ballet intensive curriculum focuses on strong technique, rooted in the traditions of classical ballet, with elements of contemporary movement. It is designed to help advanced dancers in the development of solid technique and artistic style through the challenging combinations and variations presented in each class. In each class, dancers will have the opportunity to gain a greater appreciation for dance and movement, while growing in athleticism, artistry, clarity, grace, speed, and musicality.

AXIS Dance Intensive | July 27-29th

AXIS Intensives are designed for motivated dancers who come to be trained, inspired, and often transformed, by these incredible dance experiences. Students will have an opportunity to refine their skills and broaden their dance vocabulary, while being exposed to guest master teachers, from coast to coast, who will push them to unexplored limits. AXIS Intensives are dedicated to the growth of each dancer as a physical technician, as well as an expressive and articulate artist. **Dancers on Verge Dance Collective will have choreography after the intensive hours during this week.**