



At Balance Dance Studios



2023-2024 INFORMATION

Meet the Director



HALEY SIKES

director

Haley Sikes is a dancer, performer, choreographer, and teacher based out of the Austin area. She started dancing at the age of three, training in many different styles, with a focus on hip hop. Haley has been teaching dance for the past five years, has choreographed for many dance crews all over Texas, and has been a dancer for local artists. Haley grows as a teacher by pushing her students to be the best people they can be. She has a fresh approach that sparks creativity among young artists.

Who We Are

TAKE IT TO THE NEXT LEVEL

Our Mission

UGK is a competitive youth hip hop and street-style crew, at Balance Dance Studios! Directed by Haley Sikes, UGK trains dancers to be entertaining performers, while growing teamwork skills. The team performs at various events, competitions, and dance conventions across Texas, and holds many prestigious titles. For dancers ages 6-18, UGK focuses on building the youth community in Austin, and exposing more kids to hip hop and street culture.

Opportunities

Training from Local, National,
and International Choreographers

Competitive Growth

Local Performances

Convention Training

Industry Training

Team Bonding Experiences

Customized Training and Choreography

& More!



Audition Information

MAY 25 | \$25 AUDITION FEE

After having pre-registered, dancers should plan to arrive at the studio, no less than 15 minutes before their audition time, to check in, complete any remaining paperwork (an application should be fully completed ahead of time, along with headshot – please fill out thoughtfully so we can get to know your dancer), and to warm up. Dancers should wear their best hip hop attire to auditions.

Light makeup and hair accessories are acceptable. Dancers will learn a short combo, and will be asked to freestyle, as part of their audition.

LIL GROOVES AGES 6-8 | MAY 25 | 4:00-5:00pm

UNITE AGES 9-12 | MAY 25 | 5:00-6:00pm

KONNECT AGES 13-18 | MAY 25 | 6:00-7:00pm

UGKPRO AGES 9-18 | MAY 25 | 7:00-8:00pm

LIL GROOVES: For ages 6-8 - May 25th, 3:45pm - Check in/warm up,
4:00-4:55pm - Learn combo and dance in groups.
4:55pm - Parent Pick-up.

UNITE: For ages 9-12 - May 25th, 4:30pm - Check in/warm up.
5-5:30pm - Learn combo.

5:30-5:55pm - Review and audition combo in small groups.
5:55pm - Parent Pick-up (Director available to answer any parent questions)

KONNECT: For ages 13-18 - May 25th, 5:30pm - Check in/warm up.
6-6:30pm - Learn combo.
6:30-6:55pm - Review and audition combo in small groups.
6:55pm - Parent Pick-up.

UGKpro: For Intermediate/Advanced dancers ages 9-18: May 25th,
6:30pm - Check in/warm up. 7-7:30pm- Learn combo.
7:30-7:55pm - Review and audition combo in small groups.
7:55pm - Parent Pick-up (Director available to answer any parent questions).

Dancers attending UGKpro auditions must also attend a UNITE or KONNECT audition as well, according to their age group. Dancers accepted into UGKpro are not allowed to participate in any other Balance Dance Studios' Company.

Audition Information

Evaluation:

Balance Dance Studios will bring in outside judges to help evaluate auditioning dancers, and provide objective feedback for team placement. In addition, director feedback is considered, as well as past attendance, work ethic, attitude and performance quality (for returning company members). Judges and directors will share feedback after auditions and collaborate to determine the crew best suited to dancers' abilities, commitment level and expressed goals (per their application).

Results:

Dancers will be notified on Thursday, May 25th, via email, of their audition results/placement. After that, one parent and dancer are REQUIRED to attend a mandatory crew meeting with the director on May 29th.

Summer classes start Monday, June 5th, and end on Saturday, July 29th. The fall session begins on Monday, August 15th.

Meeting times are as follows:

4:00pm: Lil' GROOVES
4:45pm: Lil' GROOVESpro
5:30pm: UNITE
6:15pm: KONNECT
7pm: UNITEpro
7:45pm: KONNECTpro

All meetings will be held in Symmetry, at Balance Dance Studios.

Email UGK@balancedancestudios.com with any questions. If your dancer is unable to attend auditions, please reach out to discuss private audition options.

Important Dates

SUMMER 2023-SPRING 2024

5.25 AUDITIONS

5.29 MANDATORY CREW MEETINGS

6.12-6.14 HIP HOP WORKSHOP (Mandatory for UGKpro)

7.10-7.13 BALANCE INTENSIVE (optional)

7.31-8.2 AXIS HIP HOP INTENSIVE

8.3-8.5 CHOREOGRAPHY WEEK

8.6 RETREAT (*Please keep the whole day available as time is TBD*)

8.11 50 YEARS OF HIP HOP EVENT

OCTOBER MONSTERS HOUSTON CONVENTION (Mandatory)

WINTER TBD COMMUNITY PERFORMANCE

DECEMBER ELECTRIKCITY FALL OUT PERFORMANCE (UGKpro)

JANUARY MONSTERS AUSTIN CONVENTION AND SHOWCASE

MARCH ACT 1 TALENT COMPETITION

TBD 1-2 LOCAL COMPETITIONS & ADDITIONAL COMMUNITY
PERFORMANCES

APRIL KAOS DALLAS CONVENTION AND COMPETITION
(optional event)

APRIL "MERGE" COMPANY SHOW

MAY SPRING RECITAL

Time Commitments

SUMMER AND FALL EXPECTATIONS

SUMMER COMMITMENTS

8 hours of hip hop during the 8 week session (1 class a week)

Summer choreography weekend (7.27-30, 8.3-5), team retreat (August 6th), Axis Hip Hop Intensive (7.31-8.2).

FALL COMMITMENTS

Schedule (subject to change/draft*):

Lil' GROOVES - Thursdays, Rehearsals 4-5pm.

UNITE - Thursdays, Rehearsals 5-6pm.

KONNECT - Thursdays, Rehearsals 6-7pm.

Lil' GROOVESpro - Tuesdays, Rehearsals 5-6pm.

UNITEpro - Tuesdays, Rehearsals 6-7pm.

KONNECTpro - Tuesdays, Rehearsals 7-8pm.

ALL UGKpro - Thursdays, Rehearsals 6-8pm.

Attendance Policy: Students are not allowed to have more than 3 absences per class per semester. All absences must be approved by the director prior to classes missed. All conventions and competitions are mandatory. No exceptions. Reblocking fees of \$150/piece will apply.