

What to expect at Balance

As we
reopen the
studio,
please
review new
Safety
Protocols
and
Procedures.

Attending Class

RESERVE your spot by registering for IN STUDIO classes on MindBody.

Limited spots are available IN STUDIO. If class is full, you will not be able to attend. Drop ins will not be allowed at this time.



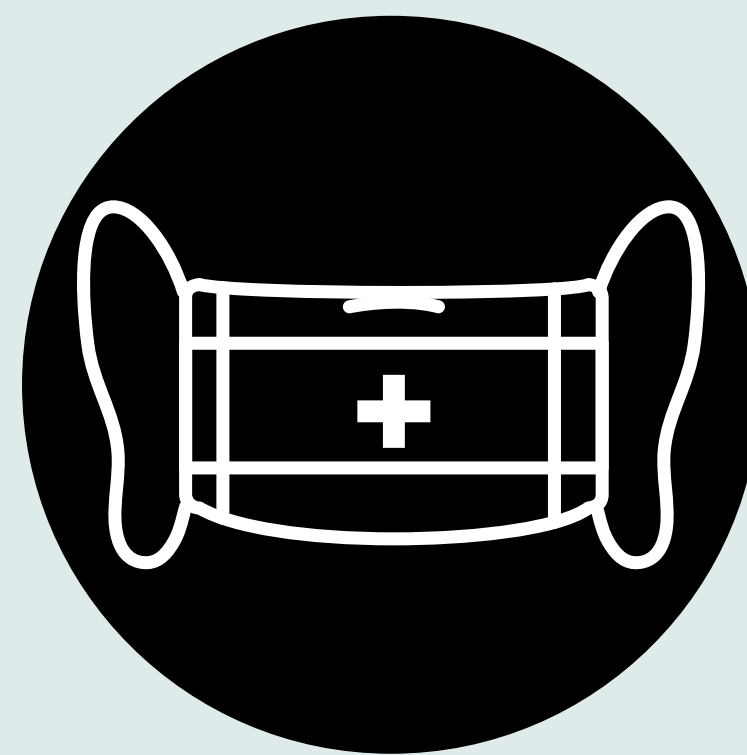
Live Streamed Classes

Although there are limited spots available IN STUDIO, live streamed classes will still be available via ZOOM. Please check MindBody for an updated list of classes.



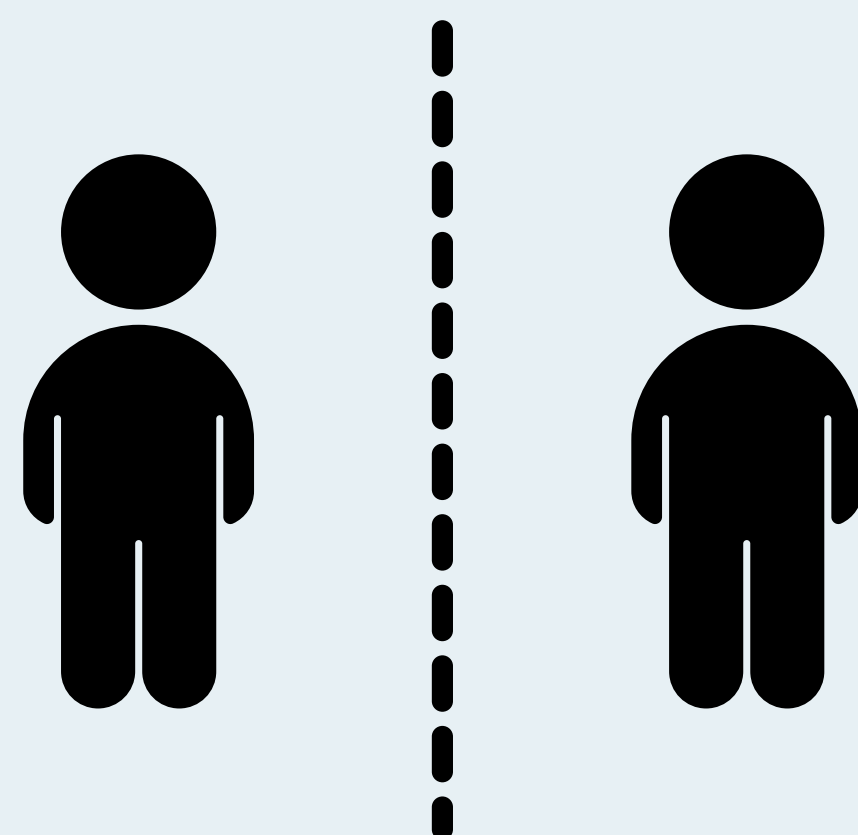
Face Masks

Please be sure to wear a face-covering in all community spaces. You will not be allowed into the building if you do not have one on. You will be able to remove once in the classroom, based upon your comfort level.



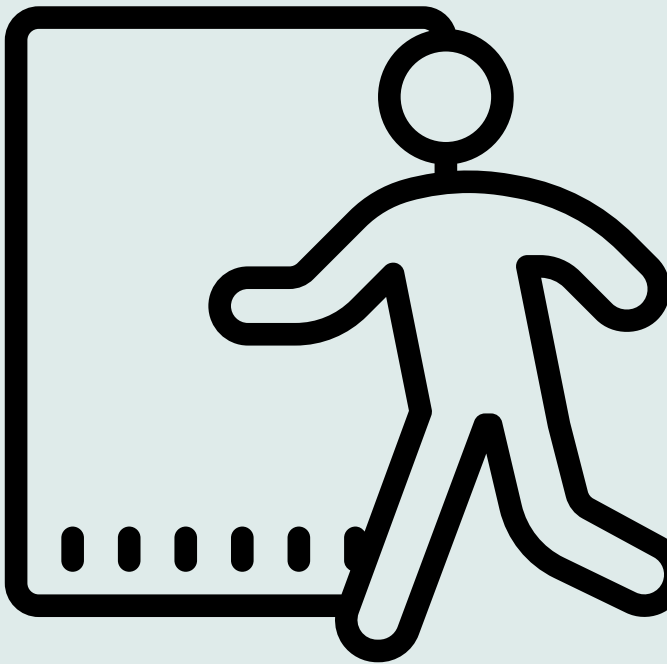
Practice social distancing

If you have registered for an IN STUDIO class, please note that the studio space has been redesigned to adhere to current social distancing guidelines. We have taped off dance spots to maintain the 6ft designated distance rule.



Studio Entrance and Exit

Studio doors will be propped open to prevent touch of door handles. Lobby areas and changing rooms will be closed. If you are registered to attend class through MindBody, please arrive at your exact class time. When leaving, please exit building promptly to allow for other classes to enter.



What to bring

If you have reserved your spot to attend class through MindBody, please note that no bags or purses are allowed in studio. Please bring only class designated equipment (yoga mat, rollers, etc) and a water bottle.

No equipment will be available to borrow or rent at studio at this time.

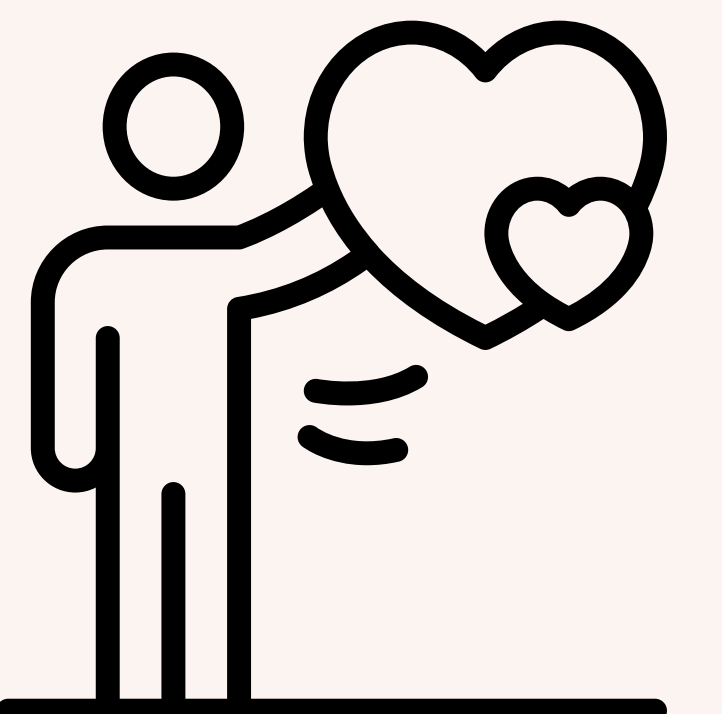


Thank you for your ongoing support!

We strive to make class an enjoyable experience for our students and hope that our newly implemented policies make this transition seamless. Should you have any questions or concerns, please email info@balancedancestudios.com

Thank you!

Your Balance Staff



The health and safety of our students and staff are our priority.

Please review the following guidelines and check studio emails for updates.