Please say at the beginning of EVERY CLASS:

- 1. Welcome everyone! I'm [YOUR NAME] and you are attending [NAME OF CLASS].
- 2. Please remember safety first while participating in class without an instructor present. Make sure you have a a safe space to move around in and do not attempt anything that you do not feel 100% comfortable with.

(FOR YOUTH ONLY)

**Make sure you have a parent's

permission.

By participating in this class you are agreeing to waive any and all liability to Balance Dance Studios and their employees.